

Lean Body

Personal Training | Private Studio | Exercise Classes
www.leanbodyvision.com



ision

&

Rebecca Winters

Nutritional therapist

Proudly present...

Mind, Body and Folds

Our ultimate and life changing ten week weight loss package

Platinum package

20 x Personal Training sessions
1 x Nutrition therapy session
2 x Hypno weight loss sessions
Juicer (worth £100)
Jason Vale juicing book
Full 10 day herbal detox pack
Welcome pack

£880 saving 20%



Silver package

16 x Personal training sessions
1 x nutrition session
1 x hypno session
Juicer
Jason Vale book
Full 10 day herbal detox pack
Welcome pack

£805 saving 15%



Bronze package

15 x Personal training sessions
1 x nutrition session
1 x hypno session
Jason Vale book
Welcome pack

£650 saving 10%

The ultimate body transformation package, combining one to one personal training in the private Lean BodyVision studio, Nutritional therapy and the amazing impact of hypno weight loss to help you transform your body, your mind and your life!

You've got nothing to loose except the inches off your waist!

Contact us today weightloss@leanbodyvision.com or call Hannah, personal trainer 0790 778 1497 or Rebecca, Nutritional therapist on 07854 926 084